



SWEET TREAT

LVALAIN

TERTNUCEPBA

ICETOCMHAOHTLINC

OINLOTEANP

ITTTIURTUTF

RRRBWASTYE

February Birthdays
 25 Nina Beth Everhard
 26 Diane Dow



Grab a pencil and piece of paper. How many words can you make using the letters in "Chocolate Mint Day" We found 123!!



American Space Program

S	R	J	O	H	N	G	L	E	N	A	S	A	N
D	E	O	C	A	U	S	R	R	A	U	S	A	
S	D	E	G	R	J	U	U	E	B	M	R	B	S
A	P	L	Y	E	E	R	J	V	C	A	G	O	T
L	L	T	R	P	M	G	T	O	T	R	S	Z	R
L	A	T	U	P	I	I	N	R	L	S	R	O	O
Y	N	U	C	N	G	L	N	E	S	T	L	E	N
R	E	H	R	A	M	E	R	I	L	L	T	L	A
I	T	S	E	P	C	L	A	L	O	L	E	D	U
D	G	E	M	E	E	E	P	H	M	A	O	T	
E	O	C	T	R	D	Z	A	V	C	L	R	H	E
S	P	A	C	E	S	T	A	T	I	O	N	R	C
E	A	P	E	R	S	E	V	E	R	A	N	C	E
N	G	S	B	U	Z	Z	A	L	D	R	I	N	H

- BUZZ ALDRIN
- ROVER
- CHALLENGER
- SPACE SHUTTLE
- NASA
- SPACE STATION
- RED PLANET
- MERCURY
- PERSEVERANCE
- APOLLO
- ASTRONAUT
- SALLY RIDE
- GEMINI
- MARS
- JOHN GLEN

Chocolate goes well with almost everything, but there is one chocolate pairing that is classic – chocolate and mint. So, it is only fair that the United States National Confectioners Association has declared February 19 to be **Chocolate Mint Day** in honor of this hugely popular flavor pairing.





Mardi Gras Day Was February 16 2021. Also called Fat Tuesday it is the last day of the Carnival season as it always falls the day before Ash Wednesday, the first day of Lent. While there were no parades this year, there was Mardi Gras house floats, special Mardi Gras cocktails in bars and restaurants, king cakes and more.

More info on page 3.



Free Masks

Lavelle Ford and Barbara Spencer are still making masks. Masks are free to all members and to all TMRC residents and staff.

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Mardi Gras or Fat Tuesday, refers to events of the Carnival celebration, beginning on or after the Christian feasts of the Epiphany (Three Kings Day) and culminating on the day before Ash Wednesday, which is known as Shrove Tuesday. Mardi Gras is French for "Fat Tuesday", reflecting the practice of the last night of eating rich, fatty foods before the ritual Lenten sacrifices and fasting of the Lenten season.

Related popular practices are associated with Shrovetide celebrations before the fasting and religious obligations associated with the penitential season of Lent. In countries such as the United Kingdom, Mardi Gras is also known as Shrove Tuesday, which is derived from the word shrive, meaning "to administer the sacrament of confession to; to absolve".

While not observed nationally throughout the United States, a number of traditionally ethnic French cities and regions in the country have notable celebrations.

Mardi Gras takes place annually on the Tuesday before Ash Wednesday—the beginning of the Christian observance of Lent, which last about six weeks and ends just before Easter. This means that Mardi Gras can take place in either February or March. In 2021, Mardi Gras will be celebrated on Tuesday, February 16

Lent is a solemn religious observance in the Christian liturgical calendar that begins on Ash Wednesday and ends approximately six weeks later, the night before Easter Sunday. The purpose of Lent is the preparation of the believer for Easter through prayer, doing penance, mortifying the flesh, repentance of sins, almsgiving, and self-denial. This event is observed in the Anglican, Eastern Orthodox, Lutheran, Methodist, Moravian, Presbyterian, Oriental Orthodox, Reformed, and Roman Catholic Churches. Some Anabaptist and evangelical churches also observe the Lenten season.

The last week of Lent is Holy Week, starting with Palm Sunday. Following the New Testament story, Jesus' crucifixion is commemorated on Good Friday, and at the beginning of the next week the joyful celebration of Easter Sunday recalls the Resurrection of Jesus Christ.

Depending on the Christian denomination and local custom, Lent ends either on the evening of Maundy Thursday, or at sundown on Holy Saturday, when the Easter Vigil is celebrated. Regardless, Lenten practices are properly maintained until the evening of Holy Saturday.

In Lent, many Christians commit to fasting, as well as giving up certain luxuries in order to replicate the account of the sacrifice of Jesus Christ's journey into the desert for 40 days

February joined the calendar with January around 700 B.C. It derives its name from the Latin *februus*, which means "purification rites."

During the ancient Roman festival Lupercalia, thongs made from goatskin were used in purification rituals, which took place during the month, earning it the name *februarius*.

When February was first added to the calendar along with January in 700 BC by Numa Pompilius, it became the last month of the year.

Pompilius tacked on these two months to line up with the lunar cycle. However, Romans believed odd numbers to be lucky. Since February ended up being the unlucky one, they placed it at the end and shortened it so the bad luck wouldn't last long. February remained there for nearly 200 hundred years. Then, both January and February moved to the beginning of the year.

Julius Caesar attempted to align the calendar with the solar season creating the Julian calendar. February, already a short month, gained a few days bringing it to 28. Then every four years, a leap day was added.

Under the current Gregorian calendar, the leap year functions differently. Leap years are divisible by four, with one exception. Centennial years must be divisible by 400.

February is unique in other ways, too. Because it usually has 28 days, once every 6 years, it's the only month to have 4 full 7 day weeks. In the years that aren't leap years (otherwise known as common years), February and March start on the same day of the week.

February Culture Overview

The month has some fun events. Everyone loves to talk about Ground Hog Day, Valentine's Day, and the Super Bowl in February. However, the big news in February is that pitchers and catchers report kicking off spring training for a new baseball season.

Black History Month takes place during February because Abraham Lincoln and Frederick Douglass were both born during the month.

One of the earliest flowers to bloom in spring is the primrose. It is also the flower of February.

If you are born in February, you are either an Aquarius or a Pisces. Your birthstone is the pretty purple quartz called amethyst.

February

Flower: Violet





























Birthstone: Amethyst

Zodiacs:

Feb 1-18 = Aquarius

9-28 = Pisces

- 2 Groundhog Day
- 12 Chinese New Year
- 12 Lincoln's Birthday
- 14 Valentine's Day
- 15 Presidents Day
- 16 Mardi Gras
- 17 Ash Wednesday
- 19 Chocolate Mint Day
- 20 Love your pet Day
- 26 Pistachio Day
- 27 Strawberry Day

February 2021 National Days						
SUN	MON	TUE	WED	THU	FRI	SAT
	1  Serpent Day	2  Groundhog Day	3  Wedding Ring Day	4  Thank a Mail Carrier Day	5  Chocolate Fondue Day	6  Frozen Yogurt Day
7  Ballet Day	8  Boy Scout Day	9  Pizza Day	10  Umbrella Day	11  White Shirt Day	12  Abe Lincoln's Birthday	13  Kiss Day
14  Valentine's Day	15  Hippo Day	16  Almond Day	17  Cabbage Day	18  Drink Wine Day	19  Tug of War Day	20  Cherry Pie Day
21  Grain Free Day	22  Margarita Day	23  Banana Bread Day	24  World Bartender Day	25  Quiet Day	26  Pistachio Day	27  Strawberry Day
28  Science Day	 American Heart Month			 Library Lover's Month		