



WM Barbara Spencer  
WP Joe Spencer

# February



**February Birthdays**

25 Nina Beth Everhard  
26 Diane Dow



**TMRC Daylight  
Chapter #1145**  
Next Stated meeting  
- February 27th at  
1:30 pm

**February:**

**Flower:** Violet

**Birthstone:** purple amethyst

**Zodiac Signs:** Aquarius (Jan 21 - Feb 19) and Pisces (Feb 20 - Mar 20)

Grab a pencil and piece of paper. How many words can you make using the letters in "George Washington" We found **124!**



**National Pistachio Day – Feb 26, 2023** The pistachio a member of the cashew family, is a small tree originating from Central Asia and the Middle East. The tree produces seeds that are widely consumed by many as food. The pistachio tree is native to regions of Central Asia, including present-day Iran and Afghanistan.



The earliest evidence of pistachio consumption goes back to the Bronze Age. Pistachio trees were introduced from Asia to Europe in the first century AD by the Romans. They are cultivated across Southern Europe and North Africa. In the 19th century, the pistachio was cultivated commercially in parts of the English-speaking world, such as Australia and in the US in New Mexico and California, where it was introduced in 1854 as a garden tree. Between them, the U.S. and Iran control 70% of the world export market, with the U.S. in the lead. Worldwide demand exceeds production, so both countries have the ability to sell their production to various export markets. In 2021, Fresno County, California accounted for about 40% of U.S. pistachio production, with a value of \$722 million.

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

UNANL  
 O O O  
 NKULF  
 O O O O  
 DIDUGE  
 O O O O  
 RIJYUN  
 O O O O



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here

O O O O O O O O O O O O O O O O

## NUTS

F	A	N	L	A	B	R	A	Z	I	L	A	G	K
A	W	A	L	N	U	T	S	E	G	G	A	Q	A
N	P	I	S	T	A	C	H	I	O	M	V	X	M
K	C	Q	A	M	A	C	A	D	A	M	I	A	S
G	R	S	B	E	E	C	H	N	U	T	S	N	C
P	C	A	S	H	E	W	A	C	O	R	N	S	H
E	L	E	W	T	O	A	L	M	O	N	D	S	E
A	W	G	X	N	K	W	F	C	T	J	O	C	S
N	V	H	I	C	K	O	R	Y	N	U	T	S	T
U	Z	H	A	Z	E	L	N	U	T	S	D	C	N
T	V	K	A	V	F	I	L	B	E	R	T	S	U
S	R	E	W	N	Y	O	L	T	T	C	J	S	T
T	P	I	N	E	N	U	T	S	K	X	I	M	S
P	E	C	A	N	L	C	O	C	O	N	U	T	R

- ALMONDS
- ACORNS
- BEECHNUTS
- HICKORYNUTS
- FILBERTS
- PEANUTS
- WALNUTS
- PISTACHIO
- PECAN
- PINENUTS
- MACADAMIAS
- HAZELNUTS
- CASHEW
- BRAZIL
- COCONUT

In 2020, global production of pistachios was about 1.1 million metric tons, with the United States and Turkey as leading producers, together accounting for 68% of the total. Secondary producers were Iran, China, and Syria.

A 2020 report indicated that nearly half of the global production of pistachios in 2019 came from the United States, with production in Iran falling to as low as 7% due to US trade sanctions against Iran, climate change, and weak economic and water management in Iran.

The shell of the pistachio is naturally a beige color, but it may be dyed red or green in commercial pistachios. Originally, dye was applied to hide sweat stains on the shells caused when the nuts were picked by hand. In the 21st century, most pistachios are harvested by machine and the shells remain unstained.



Each pistachio tree averages around 110 lbs of seeds, or around 50,000, every two years. The tree grows up to 33 ft tall. It has deciduous pinnate leaves 4–8 inches long. The shell of the pistachio is naturally a beige color, but it is sometimes dyed red or green in commercial pistachios. Originally, dye was applied by importers to hide stains on the shells caused when the seeds were picked by hand. Most pistachios are now picked by machine and the shells remain unstained, making dyeing unnecessary except to meet ingrained consumer expectations. The pistachio tree is long-lived, possibly up to 300 years. The trees are planted in orchards and take approximately seven to ten years to reach significant production. Harvesting in the United States and in Greece is often accomplished using equipment to shake the drupes off the tree. After hulling and drying, pistachios are sorted according to open-mouth and closed-mouth shells, then roasted or processed by special machines to produce pistachio kernels. "Scientific evidence suggests that eating 1.5 ounces per day of most nuts, such as pistachios, as part of a diet low in saturated fat and cholesterol may reduce the risk of heart disease". The pistachio tree may live up to 300 years. The trees are planted in orchards and take around 7 to 10 years to reach significant production.



F  
I  
N  
D  
**10**  
D  
I  
F  
F  
E  
R  
E  
N  
C  
E  
S



February 20 is Presidents' Day, a federal holiday also known as Washington's Birthday that is celebrated on the third Monday in February. (George Washington's actual birthday is February 22)