



WM Jean James  
WP Floyd Hall

# MAY 2022 WEEKLY READER #1

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- VOL.4 ISSUE. 18

### May Birthdays

- 12 Harold Baker
- 13 Juanita Sharp
- 24 Marie Sutton
- 29 Pauline Hornsten
- 30 Eva Kirkpatrick
- 31 Betty Robertson



### May Facts

**Zodiac** - Taurus (April 20 to May 20)  
- Gemini (May 21 to June 20)

**Birthstone** - emerald

**Flower**- lily of the valley.

May 8 - Mother's Day  
May 30 - Memorial Day

Please contact the Chapter Secretary  
[tmrc.daylight1145@gmail.com](mailto:tmrc.daylight1145@gmail.com) if you  
have a change of phone number or  
address.

Grab a pencil and piece of paper.  
How many words can you make  
using the letters in "Fruits and  
Vegetables" We found 120! !



### What are 3 differences between Green Bell Peppers and Yellow or Red Bell Peppers?

1. Color
2. Taste (red is much sweeter)
3. Ripeness

It's not a matter of pigment discrimination: Red and yellow bell peppers are essentially just green peppers that have been allowed to ripen.

Red peppers are fully ripened, and they require more time to grow, resulting in their sweeter, fruitier flavor and higher price sticker.

On the other hand, since green bell peppers can be harvested sooner, they're cheaper to grow and sell, in addition to having a trademark grassy, mildly bitter flavor. Yellow peppers are simply in the middle of the spectrum when it comes to ripeness.

Red bell peppers contain only 2 grams of sugar per serving and are rich in beta-carotene and vitamin C.

(...MORE ON PAGE 2)

## JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

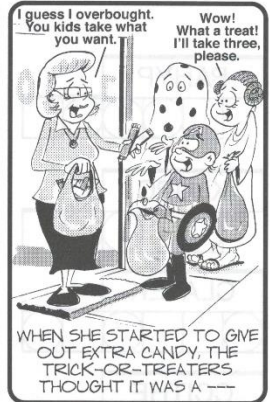
RAPOE  
□ □ ○ □ □ □

TIWYT  
□ ○ □ □ □ □

WOLLYS  
□ ○ □ □ □ □

GEDDER  
□ ○ □ □ □ □

Print answer here □ □ □ □ □ □ □ □ □ □ □ □

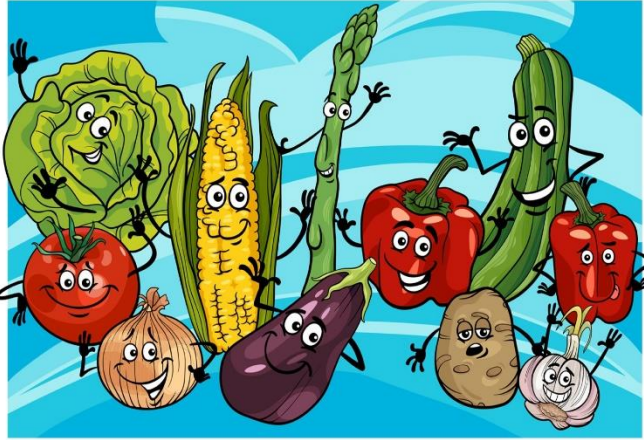


Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

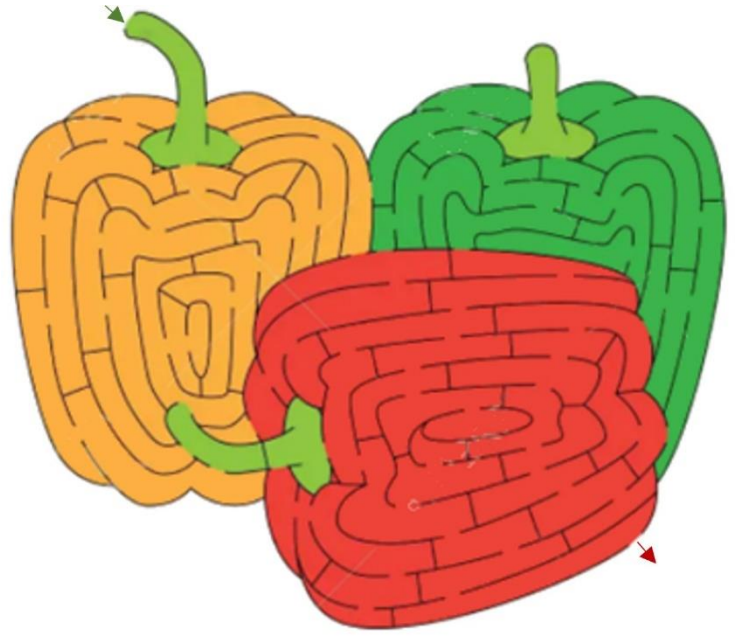
## FRUIT OR VEGETABLE

M	E	P	E	P	C	P	G	L	B	T	S	R	R
L	H	B	L	I	R	A	E	C	O	P	A	C	T
E	C	E	E	E	N	L	N	L	E	I	E	A	O
G	A	L	E	N	T	O	N	O	O	P	P	B	L
N	N	L	P	A	T	T	L	E	I	G	I	B	I
A	I	P	P	C	P	A	U	P	P	N	P	A	V
R	P	E	A	B	L	A	E	C	O	E	O	G	E
O	S	P	P	P	E	A	R	P	E	T	N	E	S
R	G	P	P	E	G	G	P	L	A	N	T	B	O
E	R	E	L	B	R	O	C	C	O	L	I	O	S
N	G	R	E	N	O	H	A	B	P	K	O	A	E
L	O	K	R	A	P	O	P	O	E	P	P	A	H
R	C	C	E	A	V	O	C	A	D	O	V	G	L
G	E	P	P	T	O	M	A	T	O	O	A	G	E

- OLIVES
- BELL PEPPER
- EGGPLANT
- TOMATO
- CABBAGE
- ORANGE
- AVOCADO
- ONION
- LETTUCE
- PEAS
- APPLE
- BROCCOLI
- PEAR
- SPINACH
- OKRA



F  
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E  
S



Jumble answers: OPERA, WITTY, SLOWLY, DREDGE  
--SWEET DEAL

### Food for Thought

**Fruit or vegetable?** Botanically speaking, a fruit is the structure of a plant that surrounds its seeds, while a vegetable can be just about any edible part of the plant, aside from its fruit and seed.

Here are some fruits that we use as vegetables -

- |                                     |                |
|-------------------------------------|----------------|
| 1. Tomatoes                         | 8. Green Beans |
| 2. Tomatillos                       | 9. Peas        |
| 3. Sweet peppers                    | 10. Avocados   |
| 4. Eggplants                        | 11. Sweet Corn |
| 5. Winter squashes (like butternut) | 12. Okra       |
| 6. Summer squashes (like zucchini)  | 13. Olives     |
| 7. Cucumbers                        |                |



(... continued from pg 1)

By way of English cookbooks printed in America, the recipe for stuffed mangoes {using green peppers} spread across America.

Pennsylvania, Ohio and Indiana use the dual name, possibly because of the large Amish settlements (fond of pickling) in those states.

As time passed, peppers continued to be called mangoes.

{Joe is from Ohio and I am from Indiana - we both grew up knowing green bell peppers as mangos.}

{We also did not have any knowledge or acquaintance with the fruit known as mango.}