

WM Barbara Spencer WP Joe Spencer





MAY 2023 WEEKLY READER #2

- YOL.5 ISSUE. 19

May Birthdays

- 12 Harold Baker
- 24 Marie Sutton
- 25 Frances Smerinsky
- 26 Margaret Schooling
- 29 Pauline Hornsten
- 30 Evan Kirkpatrick
- 31 Betty Kinton



flower: Lily of the Valley Birthstone: emerald

Zodiac Signs: Taurus (April 20 - May

Cough Drop Day is observed annually on May

drops are small, medicated tablets intended

19th century in the United States, physicians commenced adding questionable ingredients

to their cough drop formulas. This was soon phased out. Today, cough drops are often

candy-like, with a sweet taste derived from

products. One can even access various recipes from the internet with ingredients from pears

the sweetening agents included in most

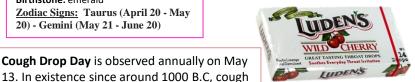
to soothe a sore or irritated throat. In the

20) - Gemini (May 21 - June 20)

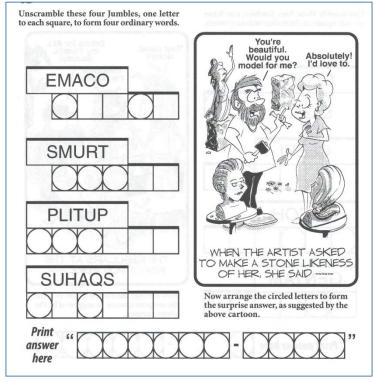


Grab a pencil and piece of paper. How many words can you make using the letters in "Smith Brothers We found 98!

TMRC Daylight Chapter #1145 May 29 - Stated Meeting 1:30 pm







HISTORY OF COUGH DROP DAY

to cinnamon and ginger.

Also known as a throat lozenge, a cough drop is a small, medicated tablet intended to soothe a sore or irritated throat. It is usually taken when a person is displaying symptoms of a common cold or influenza. The cough drops are meant to temporarily stop the coughs and soothe and lubricate the tissues of the throat. Cough drops are typically candy-like in taste.

Originally, most cough drops were shaped like diamonds. The use of candies to soothe throat irritations is said to have begun as far back as 1000 B.C during Egypt's '20th Dynasty.' At the time, these ancient cough drops were made from honey, flavored with herbs, citrus, and spices. In the 19th century, physicians began using morphine, formaldehyde, and heroin, which they discovered could suppress the cough at the source, which is the brain.

COUGH DROPS

0	P	Н	В	R	0	N	C	0	L	1	N	S	G
S	M	1	T	Н	В	R	0	S	٧	M	F	E	R
U	1	0	V	Z	E	Y	С	N	Α	P	M	A	U
Α	N	M	Y	P	1	M	X	M	P	P	E	В	V
Z	N	U	Н	W	X	0	G	E	0	N	T	U	1
S	R	C	D	V	F	0	N	D	D	Q	1	C	P
C	Н	1	P	U	R	N	0	1	R	Н	K	K	K
Z	F	N	F	0	1	D	J	Q	0	Н	0	T	0
R	G	E	W	J	Q	R	S	U	P	0	F	Н	L
1	L	X	Υ	S	P	0	P	E	S	N	F	0	В
C	Н	Q	K	С	В	P	0	E	Y	E	D	R	Α
0	M	U	D	Н	U	S	L	U	D	E	N	N	S
L	P	M	X	L	Н	Α	L	L	S	S	Y	X	M
Α	Q	N	0	Т	Н	R	0	Α	T	C	0	Α	T

CHIPURNOI THROATCOAT MUCINEX HONEES BRONCOLIN SEABUCKTHORN **VAPODROPS METIKOFF RICOLA** MOONDROPS **OLBAS** MEDIQUE HALLS LUDEN **SMITHBROS**

(cough drops cont'd)

However, these ingredients were considered harmful because of the risk that they might lead to a dependence on opioids. In fact, lozenge manufacturers made it a habit to specify that their lozenges were free of opioids. In 1892, a Keatings Cough Lozenges ad included the statement, "They are invaluable. They contain no opium nor any violent drug."

The Smith Brothers were makers of the first cough drops produced and advertised in the United States, becoming one of the most famous brands in the country in its day.

Originally the drops were sold from glass jars on countertops. To prevent drug stores from selling generic versions the company began packaging drops in branded boxes in 1872. To distinguish their drops from imitators, the bearded brothers created a logo featuring their portraits and stamped it on their boxes.

In 1881, William Luden made history by creating the first menthol cough drops. In 1879, he began as a candy manufacturer, making his products in his family's small kitchen at the back of his father's jewelry shop in Pennsylvania. Later, he collaborated with a pharmacist to invent a cough drop formula, which they colored amber. Luden's Menthol Cough Drops contained honey, licorice, and menthol and were sold for many years in five-cent packages. Luden is an example of the many cough drop manufacturers that started as candy-makers, confectioners, and bakers. Other examples of such brands include HALLS Mentho-Lyptus, the Smith Brothers' Cough Drops, and Ricola.

5 TOP PHARMACIST RANKED COUGH DROPS

Cepacol lozenges contain cetylpyridinium chloride and benzocaine and menthol, produced in honey lemon, cherry, and tangerine flavors.

HALLS

First produced in 1893, HALLS accounts for more than 50% of cough drop sales across the world.

Chloraseptic

Manufactured by Prestige Consume Healthcare in New York, the active ingredient in Chloraseptic lozenges is phenol.

Fisherman's Friend

First produced in 1865 in Fleetwood, England, Fisherman's Friend produces more than five billion lozenges per year in a variety of flavors.

Ricola

Based in Laufen, Switzerland, Ricola exports its lozenges to over 45 countries worldwide.



